

Event program

Crimea X Run 2019 Stage Race

Appendix No. 4 “Event program” to the Regulations of the sports event Crimea X Run 2019

6-7 October

Registration for all Crimea X Run 2019 races is held in Moscow.

12:00 - 20:00	Distribution of starter kits for Crimea X Run participants in Moscow (sports bags, pre-ordered souvenirs, handouts). (!)Starting numbers will be distributed in Sevastopol on 15.10 (all races) and in Yalta on 18.10 (for CXR Ultra/Trail) upon presentation of medical certificate and mandatory equipment. <i>The exact place of distribution will be published on September 30.</i>
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15 October

The opening ceremony of Crimea X Run 2019 and registration for Stage Race in Sevastopol.

14:00 - 19:00	Crimea X Run participants' registration (all races), control of mandatory equipment, distribution of starting numbers. <i>9 Lenin St., Sevastopol («Fleet Officers' House»)</i>
18:00 - 19:00	The opening ceremony of Crimea X Run 2019 <i>«Fleet Officers' House».</i>

16 October. Day 1

Balaclava – Foros. 33 km, total elevation gain 1900 m

08:00	The opening of the starting area in <i>Pedestrian area of Nazukina Esplanade</i>
08:00 – 09:00	Registration of Crimea X Run participants (Stage Race only), distribution of starting numbers upon presentation of mandatory equipment. <i>For those who missed the registration and briefing on October 15.</i>

08:45 – 09:45	Sports bags acceptance (participants can later claim them at <i>Foros</i> hotel). Participants can also check in one piece of luggage, which will be returned at the finish on the 4 th day in Yalta. <i>* the maximum volume of a suitcase / backpack / sports bag is 100 litres and the maximum weight is 30 kg; a bicycle is regarded as a separate piece.</i>
09:20 – 09:55	Entrance to the starting area after control of mandatory equipment.
10:00	The start of the 1 st day of Crimea X Run.
13:30 TL* no TL	Refreshment point 1 – 16,2 km; Refreshment point 2 (water) – 29,4 km.
13:30 – 17:00	The 1st day's finish of Crimea X Run in Foros. TL 17:00. <i>1 Forosky Spusk, Foros sanatorium</i>
~14:00 – 17:00	The award ceremony of the 1 st day of Crimea X Run (here and on other days takes place at the finish line 30 minutes after the third finisher crosses the line or 30 min. after the first finisher if the number of participants starting in this category is 5 or less). <i>Foros sanatorium, starting area</i>
14:30 – 17:30	Dinner at the dining room of <i>Foros</i> sanatorium
17:00 KB	Total time limit (TTL) for all participants in Foros.
18:00 – 18:30	Meeting the race organizers at the finishing area/ hotel lobby.

* TL – time limit

17 October. Day 2

Foros – Yalta, 62 km, total elevation gain 2900 m

04:15	The opening of the starting area <i>1 Forosky Spusk, Foros sanatorium</i>
04:30 – 05:15	Acceptance of participants' sports bags (they will be returned at the finish in Yalta)
04:50 – 05:25	Entrance to the starting area after control of mandatory equipment
5:30	The start of the 2 nd day of Crimea X Run
no TL 11:00 KB 13:00 KB 16:30 KB	Refreshment point 1 – 14,7 km; Refreshment point 2 – 28,4 km; Refreshment point 3 – 39,8 km; Refreshment point 4 – 51,4 km

11:30 – 18:30	The 12 nd day's finish of Crimea X Run in Yalta <i>169 Kirova St., Eco Hotel Polyana Skazok</i>
~13:30 – 18:30	The award ceremony of the 2 nd day of Crimea X Run <i>Eco Hotel Polyana Skazok, starting area.</i>
13:00 – 19:00	Marquee dinner on the grounds of Eco Hotel <i>Polyana Skazok</i> .
13:00 – 19:00	The shuttle bus transfer from Eco Hotel <i>Polyana Skazok</i> to Marshak Square (!) The shuttle bus will depart as soon as all seats are occupied
18:30 KB	TTL for all participants in Yalta
19:00 – 19:30	Meeting the race organizers at the finishing area (the marquee)

18 October. Day 3

Yalta - Gurzuf, 31 km, total elevation gain 2000 m

08:00	The opening of the starting area in Yalta <i>169 Kirova St., Eco Hotel Polyana Skazok, Yalta</i>
08:00 – 08:15	Transfer to the starting area (there are two pick up points in Yalta): <ul style="list-style-type: none"> • Transfer to the starting area for the guests of <i>Yalta Intourist</i>. The busses depart at 08:00. • <i>5 Moskovskaya Street, Yalta</i>. The busses depart at 08:15.
08:45 – 09:45	Acceptance of participants' sports bags (they will be returned at the finish in Gurzuf)
09:20 – 09:55	Entrance to the starting area after control of mandatory equipment
10:00	The start of the 3 rd day of Crimea X Run
14:00 TL no TL	Refreshment point 1 – 16,6 km; Refreshment point 2 – 28,5 km
13:00 – 17:30	The 3 rd day's finish of Crimea X Run in Gurzuf <i>10 Leningradskaya Street, sanatorium Gurzufsky</i>
~14:00 – 17:30	The award ceremony of the 3 rd day of Crimea X Run <i>sanatorium Gurzufsky, starting area</i>
14:00 – 18:00	Dinner at the dining room of <i>Gurzufsky</i> sanatorium <i>10 Leningradskaya Street, sanatorium Gurzufsky</i>
17:30 KB	TTL for all participants in Gurzuf
18:00 – 18:30	Meeting the race organizers at the finishing area

19 October, Day 4

Gurzuf – Yalta, 42 km, total elevation gain 2450 m.

06:00	The opening of the starting area in Gurzuf <i>10 Leningradskaya Street, sanatorium Gurzufsky</i>
06:15 – 06:15	Acceptance of participants' sports bags (they will be returned at the finish in Yalta)
06:50 – 07:25	Entrance of the 4-day-race participants to the starting area after control of mandatory equipment
07:30	The start of the 4 th day of Crimea X Run (4-day race).
no TL 13:00 TL 14:30 TL 16:30 TL	Refreshment point 1 – 4,5 km; Refreshment point 2 – 14,8 km; Refreshment point 3 – 21,7 km; Refreshment point 4 – 32,8 km.
11:30 – 18:30	The 3 rd day's finish of Crimea X Run in Yalta <i>169 Kirova St., Eco Hotel Polyana Skazok, Yalta</i>
12:30 – 19:00	Marquee dinner on the grounds of Eco Hotel <i>Polyana Skazok</i> . <i>169 Kirova St., Eco Hotel Polyana Skazok, Yalta</i>
13:30 – 18:30	The shuttle bus transfer from Eco Hotel <i>Polyana Skazok</i> to Marshak Square (!) The shuttle bus will depart as soon as all seats are occupied
18:30 KB	TTL for all participants in Yalta
20:30 – 00:00	The award ceremony for all race formats (except for CXR Sprint), the closing ceremony of Crimea X Run 2019. Dinner for all Crimea X Run participants (except for CXR Sprint) and those who bought an entry ticket (CXR Sprint participants, supporters). <i>50 Drazhinskogo Street, Yalta Intourist hotel, Chrystalny zal ('crystal room'), Yalta</i>